

McAuley Community School Sport Handbook

This handbook has been created to help define the various sporting competitions and opportunities that are available for our learners. Within school hours, there are School Sport SA and State-wide competitions (also known as SAPSASA), as well as SACPSSA competitions (South Australian Catholic Primary School Sport Association).

McAuley also offers a range of Outside School Hours sporting opportunities for learners held outside of school hours during weeknights and weekends.

Please read all information below, along with volunteer requirements and the Codes of Conduct for Players, Coaches, Parents/Caregivers and Spectators.

All information regarding trials and nominations is communicated to families through Audiri.

Thank you for your support and participation.

SCHOOL SPORT

Coordinated by Tom Siinmaa

Physical Education Educator

e: tom.sinmaa@mcs.catholic.edu.au

School Sport SA and State-wide Competitions (SAPSASA)

These carnivals and competitions are offered to learners in Years 5 and 6 (Team Sports) and Year 4 to 6 (Individual Sports), and can be split into 2 different categories, District Carnivals and State-wide School Competitions. **Please see** https://www.education.sa.gov.au/schools-and-educators/programs-students/school-sport-sa for further information.

District Carnivals

District carnivals are held to select teams to represent each district. At McAuley, we are in the Southwest District. These carnivals can be run in a round-robin format for sports such as Football, Netball, Soccer and Basketball, where individuals are selected by coaches or selectors, or as individual events, such as Swimming, Athletics and Cross Country.

State-wide School Knockout (SAPSASA)

In a State-wide School Competition, if a team wins, they progress to the next round of competition to be held on another day. If they do not win, they are eliminated from the competition.

Selection Process for District Carnivals and State-wide School Competitions

Learners will need to be nominated through Audiri to participate and if enough nominations are received, trials will be held to select teams. Teams for all sports will be selected on school grounds during lunch/recess breaks, within PE time or before and after school. The Sport Administrator, PE Educator, and/or coach will run trials when needed, to select teams. Individuals are selected from their performance during the trials to give McAuley the best chance of success in these competitions. No communication made prior to, or after the trials, will be taken into consideration when selecting teams.

PLEASE NOTE: Unfortunately, not every learner nominated can be selected to make their respective team. Please have a conversation with your child around this and support them to have another go next time.

State Team Selection and Nominations

Families interested in nominating their child to trial for State Team opportunities should familiarise themselves with the information in the School Sport SA link below.

State team selection and nomination process (education.sa.gov.au)

Transport

Parents and Caregivers are responsible for transporting their child/ren to and from the venues where School Sport SA/SAPSASA carnivals are held.

SACPSSA (South Australian Catholic Primary School Sport Association)

These carnivals are only for South Australian Catholic Schools and are open to learners from Years 3 to 6. These carnivals can be either **competitive** or based on **participation**.

Competitive carnivals have places and awards given to competitors. Learners will need to trial to be successful in taking part, as there are limited spots available for participation.

Selection Process for competitive SACPSSA Competitions

Teams for all sports will be selected on school grounds during lunch/recess breaks, within PE time or before and after school. The Sport Administrator, PE Educator, and/or coach will run trials when needed to select teams. Individuals are selected from the trials to give McAuley the best chance of success in these competitions. No communication made prior to, or after the trials, will be taken into consideration.

Participation carnivals are open to all learners to nominate and take part in. No scores are taken, or awards given to schools or teams.

McAuley provides transport via chartered bus to all SACPSSA events for learners who are nominated or selected to participate. These carnivals are also heavily reliant on parent/caregiver volunteers to support with supervising/coaching teams and officiating when required. Please consider volunteering to assist these events where possible.

Term 1

Swimming - competitive

Term 2

Netball - participation

Term 3

Cross Country - competitive

Touch Football - participation

Term 4

Hot Shots – participation (Years 3 and 4 only)

Athletics - competitive

Transport

The school will provide transport via chartered bus to and from SACPSSA Carnivals.

Outside Hours School Sport

Coordinated by school staff with parent volunteer support

e:sport@mcs.catholic.edu.au

The following sports are offered to our learners from R to 6 throughout the year. These sporting competitions are held outside of school hours, on weeknights and weekends. Parent/Caregiver volunteers are essential to the successful running of these competitions. All information and EFORMS regarding nominating for competitions are posted on Audiri.

Term 1

Sport	Association	Venue	Day of Competition	Uniform
Volleyball (Year 3-6)	Volleyball SA	Brighton HS	Friday	School uniform
Cricket (Year 2-6)	SACA	Various	2/3 – Sat AM 4/5 – Thurs PM 5/6 – Sat AM	School uniform, white pants if owned
Basketball (Rec–6)	MSBL	Various	5/6 Monday 3/4 Tuesday 2/3 Wednesday R/1 Friday	R-1 McAuley Polo Top McAuley Basketball Tops, school shorts

Terms 2 & 3 (learners will need to re-nominate for the Term 2-3 Basketball Season)

Sport	Association	Venue	Day of Competition	Uniform
Netball (Year 2-6)	SWDNA	Various	5/6 – Wednesday 2/3/4 – Thursday	McAuley Netball Dress or uniform
Soccer (Rec-6)	SDJSA	Various	Saturday AM	R-1 McAuley Polo top 3-6 - McAuley Soccer Tops, school shorts
Football (Year 2–6)	SANFL Schools	West Beach	Saturday AM	McAuley Football/Basketball Tops
Basketball (Rec–6)	MSBL	Various	See Term 1 information	R-1 McAuley Polo Top McAuley Basketball Tops
Volleyball (Year 3-6)	Volleyball SA	Brighton HS	Friday	School Uniform

Term 4 (learners will need to nominate again from Term 1 as this is a new season)

Sport	Association	Venue	Day of Competition	Uniform
Volleyball (Year 3-6)	Volleyball SA	Brighton HS	Friday	School uniform
Cricket (Year 2-6)	SACA	Various	2/3 – Sat AM 4/5 – Thurs PM 5/6 – Sat AM	School uniform, white pants if owned
Basketball (Rec-6)	MSBL	Various	See Term 1 information	R-1 McAuley Polo top McAuley Basketball Tops, school shorts

UNIFORM

For Football and Basketball, families will need to purchase an individual McAuley Footy/Basketball singlet sport top. For Soccer learners will play in the McAuley Soccer Top. For Netball learners can purchase and play in the McAuley Netball Dress or in their school uniform. Uniform can be ordered and purchased online via our school website and are supplied by Perm-a-Pleat. Please use the link below to order online from the school website by <u>clicking</u> here.

PLEASE NOTE: By registering for an extra-curricular sport, you and your child/ren are committing to being part of those team/s for the season's entirety.

PARENT COORDINATORS

Where applicable, a parent will coordinate one school sport.

This role includes:

- Being the contact person for the association for MCS.
- Liaising with the school re communication.
- Contact team managers / coaches with relevant information passed on from the association.
- Being the point of contact if parents have any questions that their coach us unable to answer.

COACHES

During the nomination process, parents/caregivers must consent to their email address being passed on to the coach of their child's team for communication purposes. No experience in coaching is necessary.

Responsibilities:

- Coaches will receive the email addresses of parents/caregivers who have children in their team for the purpose of setting up a group email for weekly communication, regarding game times and locations etc.
- Encouraging and guiding learners to play in a positive and supportive team environment as per the Codes of Conduct below.
- Giving equal game time and opportunities to learners.

Any significant and unexpected changes from the associations will be communicated from the Sport Administrator / Parent Coordinators to coaches and teams.

PLEASE NOTE: Teams cannot be nominated in the relevant competitions if there is an insufficient number of players or if coaches/officials have not been nominated.

VOLUNTEERS (including coaches)

Parent/Caregiver volunteers are vital for teams to be registered. Without a parent/caregiver volunteer/s to coach and manage learners, a team cannot be entered into a competition. We thank coaches, both past and present, who have volunteered their time to provide opportunities for our learners to participate in these sports. We acknowledge that not everyone is able to give their time for training however, coaches do appreciate assistance with individual teams on a week-to-week basis.

DOCUMENTATION

When coaching teams, all coaches / officials / umpires from the age of 14 years and up are required to have the following documentation in place:

- CESA Volunteer Declaration Forms
- CESA Application Package
- Catholic Police Clearance Check
- RRHAN-EC Certificate
- Signed Induction Pack for Volunteers (completed at the Front Office)

If you are unsure whether you can volunteer or require further information, please contact the Front Office or visit https://www.mcs.catholic.edu.au/our-community/volunteering

CODES OF CONDUCT

Adapted from the Australian Sports Commission's 'Play By The Rules' Documents – Revised 2018

MCS Code of Conduct for PLAYERS (LEARNERS)

At McAuley Community School, learners who represent our school agree to:

- Commit to all trainings and games <u>or</u> inform the coach in advance if they are unable to play
- Learn, accept, and play by the rules
- Strive towards improving skills each week, to support the overall team performance
- Accept different abilities, encourage, and support your teammates
- Listen to and co-operate with the coach
- Respect the officials' decisions
- Calmly and politely communicate concerns to the coach
- Make good choices about what you say and how you act towards others
- Respect the feelings and importance of all participants
- Thank opponents after the game

MCS Code of Conduct for COACHES

At McAuley Community School, volunteers who represent our school agree to:

- Respect the confidentiality of the personal information you have been entrusted with
- Demonstrate a love of the game and emphasize enjoyment
- Provide the players with a sound understanding of the rules and skills used in games
- Offer one to one support and relay positive feedback to all players
- Be respectful of individual abilities when planning training sessions
- Offer all players equal time to participate in the game
- Show an appreciation for time put in by association officials and administrators
- Accept all official decisions in a calm and appropriate manner
- Work with players' families and the Sports Coordinator to develop a quality school sports program at McAuley

MCS Code of Conduct for PARENTS, CAREGIVERS & SPECTATORS

At McAuley Community School, parents and spectators who represent our school agree to:

- Offer support to the coach by reinforcing what is said and helping wherever possible
- Help children to understand and play according to the rules
- Acknowledge personal growth and the overall performance of the team
- Respect the rights, dignity and worth of all participants
- Show an appreciation for time put in by association officials and administrators
- Accept the official's decisions in a calm and appropriate manner
- Respectfully raise concerns related to players or parents with the coach or manager at an appropriate time.
- Respectfully raise concerns related to the coach or manager with the Sport Coordinator at an appropriate time
- Most importantly help the players to be a good sport and enjoy the game